

Purpose of TEAM

TEAM is a program for pregnant teens and young mothers, aged 13 – 21. At TEAM we recognize the need to provide a flexible learning environment that allows young moms to parent while earning high school credits.

In addition, the program enables these young women to:

- develop their parenting skills
- address their emotional, social and physical needs
- receive on site care for their infants and toddlers (up to 18 months)
- access all school board services, including therapeutic counselling.

Registration begins in September although anyone who qualifies can enroll during the year, space permitting.

Free transportation is provided throughout Northumberland to ensure young mothers and their babies are able to attend school each day.



The TEAM Program is a community partnership among:



TEAM is located at:

Cobourg District Collegiate Institute East
Room 224
335 King St. East, Cobourg
(905)372-2271 ext 292

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TEEN EDUCATION AND MOTHERING (T.E.A.M.)



Building Blocks for
a Better Future

(905)372-2271 ext 292

The TEAM program is located within two adjoining rooms at Cobourg District Collegiate Institute East. These designated rooms offer a classroom for students to work on their courses and participate in parenting programs, plus an adjoining room for child minding activities.

A typical day at TEAM is split into two parts:

In the mornings, moms will work on academics in the classroom while babies are cared for in the adjoining infant room. A caring and understanding certified teacher works with each young woman to individualize an academic timetable designed to meet her specific needs.

Mothers and babies share lunch together, with a focus on nutrition planning and proper food preparation.



In the afternoons, moms and tots take part in a wide range of fun and educational parenting workshops and programs designed to meet their unique needs and interests.

There are a wide range of community support agencies that lend consistent support and resources to the program through workshops, information sessions, field trips and individual consultations.

Infant & Toddler Care

Infants up to 18 months are cared for in the child-minding room, adjacent to the classroom. Moms can visit this area to feed and attend to their babies at any time. The room is staffed with a qualified early childhood educator, experienced volunteers and co-op students.

Age-appropriate sensory activities, circle and song time are offered daily. Educational toys and books are also available for toddlers to engage in. There is plenty of quiet time and cuddle time, too.

Child-minding costs may be subsidized for those who qualify. Each request is assessed on an individual basis.

To learn more about the TEAM program, please call us at (905)372-2271 ext 292.

